

Encuesta sobre la Salud Europea
Oficina Europea de Estadística (Eurostat)
2008-2009

Share of obese persons by sex and age group, 2008 or 2009*

	Women					Men				
	Total aged 18+	18-24	25-44	45-64	65-74	Total aged 18+	18-24	25-44	45-64	65-74
Belgium	14.7	5.4	11.6	17.1	21.5	13.3	3.3	11.5	18.5	11.3
Bulgaria	11.3	1.0	6.6	14.6	18.9	11.6	1.3	12.1	14.8	14.9
Czech Republic	18.3	4.8	10.6	25.1	35.9	18.4	4.9	15.0	26.8	25.3
Denmark	:	:	:	:	:	:	:	:	:	:
Germany	15.6	u	12.0	18.2	21.7	16.1	4.6	13.8	21.1	18.2
Estonia	20.5	3.7	10.1	30.4	33.8	16.0	3.8	15.7	21.5	20.4
Ireland	:	:	:	:	:	:	:	:	:	:
Greece	17.6	3.2	9.2	24.6	32.4	17.6	3.7	15.4	22.7	25.8
Spain	14.4	3.9	9.3	17.1	26.8	17.0	5.8	14.7	21.8	23.9
France	12.7	4.3	10.5	15.1	17.8	11.7	2.8	8.6	15.1	19.4
Italy	9.3	2.0	4.6	11.7	16.1	11.3	3.4	8.3	15.2	15.3
Cyprus	14.5	1.7	9.2	19.7	26.6	16.7	5.8	13.2	22.0	22.8
Latvia	20.9	1.7	9.6	31.0	35.3	12.0	2.3	10.0	16.5	19.6
Lithuania	:	:	:	:	:	:	:	:	:	:
Luxembourg	:	:	:	:	:	:	:	:	:	:
Hungary	18.8	3.0	12.8	25.5	26.0	21.4	7.2	15.5	28.6	33.9
Malta	(21.1)	10.7	15.6	(24.9)	(31.9)	24.7	7.8	25.0	29.5	(31.1)
Netherlands	:	:	:	:	:	:	:	:	:	:
Austria	13.2	4.7	8.8	18.0	19.6	12.4	5.0	9.6	17.0	19.1
Poland	15.8	2.1	7.5	22.9	27.6	17.3	4.1	14.4	23.6	24.6
Portugal	:	:	:	:	:	:	:	:	:	:
Romania	8.0	1.6	4.1	13.7	10.8	7.6	1.8	6.3	10.7	10.5
Slovenia	16.3	4.0	10.0	23.2	24.2	17.3	3.6	14.5	24.4	24.3
Slovakia	15.7	1.3	7.8	23.3	33.7	14.5	3.5	12.7	19.2	25.1
Finland	:	:	:	:	:	:	:	:	:	:
Sweden	:	:	:	:	:	:	:	:	:	:
United Kingdom**	23.9	16.6	20.7	27.7	31.1	22.1	5.9	17.5	33.2	29.6

* Data for either 2008 or 2009, except for Austria and Estonia: 2006/7, Slovenia: 2007 and Germany: 2009/10

** Age groups 16+ and 16-24 instead of 18+ and 18-24, data refer to England only

() Data with reduced reliability due to a large number of missing answers

u Data not published due to small sample size

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Data not available

Share of obese persons aged 18 and over by sex and educational level, 2008 or 2009*

	Women			Men		
	Low	Medium	High	Low	Medium	High
Belgium	21.8	15.3	7.9	17.5	13.7	10.0
Bulgaria	14.0	11.5	6.9	10.4	11.7	13.7
Czech Republic	28.0	16.9	12.5	17.9	19.9	10.4
Denmark	:	:	:	:	:	:
Germany	21.9	14.7	8.8	16.4	17.4	13.1
Estonia	27.4	19.9	11.2	14.7	16.2	18.5
Ireland	:	:	:	:	:	:
Greece	25.2	13.5	8.4	20.2	17.6	13.9
Spain	21.1	8.3	6.0	21.1	12.8	12.8
France	18.7	11.3	5.5	16.4	10.7	7.5
Italy	12.9	5.3	3.6	13.8	8.7	7.6
Cyprus	23.6	10.8	7.1	20.6	14.8	14.6
Latvia	24.1	22.0	15.9	12.8	11.5	12.7
Lithuania	:	:	:	:	:	:
Luxembourg	:	:	:	:	:	:
Hungary	26.9	16.1	13.5	23.9	21.8	17.1
Malta	(30.5)	18.1	11.7	(30.5)	22.5	22.8
Netherlands	:	:	:	:	:	:
Austria	20.9	10.4	8.3	13.6	12.1	12.2
Poland	24.8	15.4	7.2	16.0	18.1	15.0
Portugal	:	:	:	:	:	:
Romania	9.0	7.9	5.0	5.6	8.5	7.3
Slovenia	22.7	11.2	6.6	20.2	15.7	7.0
Slovakia	28.2	15.0	8.8	14.6	15.5	10.5
Finland	:	:	:	:	:	:
Sweden	:	:	:	:	:	:
United Kingdom	:	:	:	:	:	:

Low level of education refers to pre-primary, primary and lower secondary education (ISCED level 0-2), medium level to upper secondary and post-secondary non-tertiary education (ISCED level 3-4) and high level to tertiary education (ISCED level 5-6).

* Data for either 2008 or 2009, except for Austria and Estonia: 2006/7, Slovenia: 2007 and Germany: 2009/10

() Data with reduced reliability due to a large number of missing answers

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1. The definitions are based on the Body Mass Index (BMI): the weight in kilos divided by the square of the height in meters. A BMI of less than 18.5 is defined as underweight, 18.5 to less than 25 as normal weight, 25 to less than 30 as overweight and 30 or more as obese.
2. Source: National Health Interview Survey: http://www.cdc.gov/nchs/data/series/sr_10/sr10_249.pdf
3. For more information, see the [Statistics Explained article](#) on the Eurostat web site.

Issued by: **Eurostat Press Office**

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